



# The College of International Holistic Studies

The College of International Holistic Studies is built on a firm foundation designed to synergistically blend the rigor of medical science with the time-tested power of alternative and integrated therapies. Our teachers are selected for their expertise and ability to blend both science and the art of healing. Each program is designed to provide you with the practical knowledge and experience to heal using real-world tools, as well as the consciousness to appreciate the metaphysical tools that our souls provide.

## Diploma in Botanical Medicine

### DIPLOMA CODE: DBM100

This program is unique in that it delivers 3 different types of herbal structures, young buds, mature plants and “blood” of plants. Students will learn how to use and apply all 3 variations.

*Medical Herbalism* is a foundational textbook on the scientific principles of therapeutic herbalism and their application in medicine. Based on the author’s more than twenty-five years of herbal practice, it contains comprehensive information concerning the identification and use of medicinal plants both by chemical structure and physiological effect, the art and science of making herbal medicine, and the challenge to current research paradigms posed by complex plant medicines.

*Gemmotherapy* is derived from the Latin “gemma,” (bud), and Greek “therapeia” (medical treatment). Gemmotherapy is a modern medical intervention focusing on the cause of disease. Its remedies are a type of extremely potent herbal products manufactured principally from embryonic tissue of various trees and shrubs; but also from seeds, catkins, rootlets and sap.

*Aromatherapy* is the study and use of powerful anti-viral, anti-fungal, anti-bacterial essential oils for other related therapies to enhance wellness and promote deep relaxation. This program integrates advanced therapeutic methods for a more comprehensive healing effect. They are considered the “life-blood” of the plant world.

After attaining the Diploma in Botanical Medicine, the successful graduate can apply to the Canadian Examining Board of Healthcare Practitioners (cebhp.com) for the designation CCHP Certified Clinical Herbal Practitioner.

### COURSES:

#### YEAR ONE (12 consecutive months)

MED 101	Medical Terminology
APP 102	CIHS Custom Intro to Human Body
BCM 101	Chemistry / Biochemistry

#### YEAR TWO (12 consecutive months)

BOT 201	Medical Herbalism
CGO 100	Gemmotherapy & Oligotherapy
ARO 101	Aromatherapy Blending
BIZ 101	Business Ethics

### EVALUATION:

- Completion of required reading assignments, online tests and essays
- Satisfactory completion of 25 case studies and 2500 word dissertation on one successful case study
- A passing grade of 70% or higher on all tests and final exam

### PREREQUISITES:

- High School Diploma or Adult Student status
- Fluent in the English language

### DURATION: 925 Clock Hours / 24 consecutive months

*To Register for this program please proceed to [www.naturalmedicinecollege.ca](http://www.naturalmedicinecollege.ca) home page Student Registration Button*

**CIHS does not guarantee employment after graduation from any of its programs**



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Email: [admissions@naturalmedicinecollege.ca](mailto:admissions@naturalmedicinecollege.ca)

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## COURSE DESCRIPTION:

### YEAR ONE (12 months):

**MED 101:** Quick Medical Terminology is a self-paced learning approach designed to ease you into the language of medicine that separates the layperson from the professional. The programmed-learning format requires active participation through reading, writing, answering questions, labeling, repetition, and providing immediate feedback. This format will help you to correctly decipher new terms by identifying and then practicing different word parts.

**APP102:** CIHS Custom Introduction to the Human Body This shortened course enables allied health professionals to efficiently and effectively master the essentials of anatomy and physiology as well as understand the balance between homeostasis and disruptions to homeostasis. Rich in clinical resources that highlight disruptions to homeostasis, the book also includes a special section in each chapter that focuses on Wellness. These unique discussions help health professionals make the connections between knowledge of form and function with optimal healthy choices.

**Note:** CIHS is pleased to offer this text as well as access to the Wiley Plus Online Classroom at a special reduced student rate. This special pricing for the text and access to Wiley Plus is only available for purchase through the College

**BCM101:** Chemistry / Biochemistry Kenneth Raymond's General, Organic, and Biological Chemistry offers a concise, manageable, highly effective alternative with an integrated Table of Contents. The text presents interrelated topics from general, organic, and biochemistry in the same or adjacent chapters. This highly integrated approach reduces excess review, and enables students to explore biochemical topics earlier in the course. The result is a briefer, more focused, and more engaging text. Raymond takes a much applied approach, filled with real-life examples that effectively connect the chemistry to future careers in health-related fields. Chapter-opening vignettes focus on the link between chemistry and everyday topics. Online videos and articles from ScienCentral connect the chemistry presented in the text to current events.

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## COURSE description cont'd:

### YEAR TWO (12 months):

**BOT 201:** The author details the intricate chemistry behind herbalism, providing for the first time important background and insights into how herbal remedies are able to achieve their results and the limitations and potential of viewing herbs chemically. He then presents in-depth discussions of specific ailments and treatments organized by each of the major body systems, as well as delving into the special needs of children and the elderly. He includes the most up-to-date information on preparations, dosage, and contraindications; information on toxicology and the issues involved in determining dosage and formulation types for an individual; and the pros and cons of both commercial and traditional techniques. His materia medica presents 150 of the most beneficial herbs used in treatment practices, identifying not only their present uses but also their historical derivations.

**CGO100:** This course, about gemmotherapy and oligotherapy, consists of a series of eight (8) modules. Each module completes with a test; module eight has two tests. The course concludes with a final exam.

**ARO101:** The course contains the History of Essential Oils, Olfactory Process, the Limbic System, Absorption through the skin, The Lymphatic System, Methods of Extraction, Essential Oil Production and Adulteration, Effective Application, Safety Guidelines and Contra-Indications, Glossary of Therapeutic Action, Carrier/Base Oils, Varied Applications, Classification of Plants, Therapeutic Grade Essential Oils, Chemistry of essential oils, Chemical constituents of some commonly used essential oils, Essential Oil Monographs, Anise to Ylang Ylang, common conditions aided by Aromatherapy, Compresses, Poultices, Pregnancy, Children/Babies, Fragrant Way to Beauty, The Aromatherapy Massage, and finishes with the Aromatherapy Consultation.

**BIZ101:** All professionals need to have an informed consent form outlining their capabilities to their clientele. The graduate needs an understanding of their scope of practice and a code of ethics that govern their practice. This course teaches the legalities around these requirements. Each student will be required to submit all 3 forms so that they understand their legal rights and obligations.



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## **PAYMENT OPTIONS (CAD\$):**

### **YEAR ONE TUITION:**

Pay in full at the beginning of the year: **\$1,350.00**

Pay course by course:

MED 101	\$ 125
APP 102	\$ 595
BCM 101	\$ 695

### **YEAR TWO TUITION:**

Pay in full at the beginning of the year: **\$1980.00**

Pay course by course:

BOT 201	\$ 695
CGO 100	\$ 795
ARO 101	\$ 595

**BIZ 101 included in course fees**

### **Textbook pricing:**

MED101 textbook—Quick Medical Terminology	\$26.95
APP102 textbook—Intro to the Human Body	\$69.95
BCM101 textbook—General, Organic & Biological Chemistry with WileyPLUS	\$188.95
BOT201 textbook—Medical Herbalism	Amazon
CGO101 textbook—Gemmotherapy & Oligotherapy (2)	Amazon

ARO101 Aromatherapy Ebook by Dr. Linda Henderson is included in tuition fee.

## **DELIVERY OF PROGRAM:**

- **The Botanical Medicine Program is only available on-line through the CIHS proprietary Virtual Classroom and the Wiley Plus classroom.**
- **It contains videos, PowerPoint slides, PDF downloads. Students can learn from the comfort of their own home without the additional travel expenses.**
- **All tests and final exams are conducted on-line. Once submitted, students will receive marks within 48 hours**
- **T-2202 Education Tax Certificate will be issued provided the program is completed on time.**
- **Programs can be finished in less time. Extension fees will apply if program not finished within 24 consecutive months.**
- ***To register for this program please proceed to the Home Page Student registration button on the website .***
- **CIHS does not guarantee employment after graduation from any of its programs**



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